



Living Well with Diabetes

A six-week, **evidence-based class** for people with Diabetes or Pre-Diabetes and their family members.



berks**encore**

Wednesdays
September 6 - October 11
5:30 to 8 p.m.

Location:
LVPG Family Medicine- Hamburg
700 Hawk Ridge Drive

FREE, but requires registration.
Contact Carol McFadden at 484-633-0773.