



Living Well with Diabetes

A six-week, **evidence-based class** for people with Diabetes or Pre-Diabetes and their family members.



berks**encore**

Wednesdays

January 31 - March 7

9 to 11:30 a.m.

Location:

Fleetwood Library

110 W Arch Street

Fleetwood, PA 19522

Program is **FREE**, but registration is required.

For more information or to register, call Kathy Roberts at 610-374-3195, ext. 230.