



Living Well with Diabetes

A six-week, evidence-based class for people with Diabetes or Pre-Diabetes and their family members.



berks**encore**

Wednesdays
October 4 - November 8
1 to 3:30 p.m.

Location:
Friedens UCC
337 Main Street, Oley

FREE, but requires registration.
Call 610-374-3195 x224 or email MSitler@BerksEncore.org