



Living Well with Diabetes

A six-week, **evidence-based class** for people with Diabetes or Pre-Diabetes and their family members.



berks**encore**

Wednesdays

February 7 - March 14

1 to 3:30 p.m.

Location:

Walnut Woods

35 N Walnut Street

Boyertown, PA 19512

Program is **FREE**, but registration is required.

For more information or to register, call Kathy Roberts at 610-374-3195, ext. 230.