Purpose of the Program: OPTIONS provides services covering a wide range of needs allowing individuals to remain in their communities and homes. These services include personal assistance service, personal care, homemaking, adult day care, providing assistance with bathing, dressing, eating, grooming, toileting etc., home support services such as shopping, housekeeping, laundry, and caregiver respite. Services are specific to individual needs and preference, and they support the consumer’s health, safety and ability to remain in their own home.

The goal of the OPTIONS program is to provide choices to people in need.

Consumers receive an intensive assessment by staff from the Berks County Area Agency on Aging. Determination of need for services includes clinical nursing facility eligibility and accessing a number of Medicaid funded home and community based programs.

OPTIONS Care Management at Berks Visiting Nurse Association is available to persons over age 60 with complex, ill-defined problems, problems remaining at home or requiring personal advocacy.

OPTIONS Services: If the consumer (60 and older) is not Medicaid eligible, services are provided through the Aging Block Grant if a service opening is available. The care manager works with the consumer/ family to determine needs and how these needs are to be met. This is done through the use of a care plan that is tailored to the consumer’s needs as identified by the assessment. The care plan is developed and implemented with the input of the consumer. The Care Manager stays in contact with the consumer and the service provider to ensure the services are provided as ordered, and they are effective in meeting the consumer’s needs.