

Home Delivered Meals

The Meals on Wheels Program is a service designed to provide a hot and nutritious noon-time meal to homebound older adults aged 60 and older.

Meals on Wheels often make it possible for a person to remain independent and at home. Meals on Wheels can provide short-term assistance for someone recuperating from surgery or an illness, or can provide long-term service when needed.

Available for those who meet the following eligibility criteria:

- Unable to prepare own meals.
- Have no family or friends to assist with meal preparation.
- Have no access to a senior center close to home.
- Have no cooking facilities at home.

Here Is What You Can Do to Help:

You select one day, weekly or monthly, for delivery. Two volunteers, a runner and a driver, are selected to deliver meals on a chosen weekday.

The volunteer team is assigned a geographically convenient delivery route. The meals are picked up from a local Senior Center. Delivery is made easy by using house to house directions provided by the center. Delivery takes approximately 45 minutes.

For an on-site orientation or additional information on the Senior Center and Meals on Wheels program, call the Meals on Wheels program at (610) 374-3195.

The Meals on Wheels program is administered by Berks Encore - Reading and funded in part under a contract with the Pennsylvania Department of Aging through the Berks County Area Agency on Aging.