

## **BERKS HEIM COVID STATUS UPDATE: March 31, 2022**

Our current Coronavirus update:

Residents: 0 active cases      Staff: 0 active case

While visitation remains open for residents, we are asking everyone to please follow the core principles of COVID-19 infection prevention to minimize the spread. We are also recommending limiting visitors to 2 visitors at a time to comply with social distancing in the facility. If roommates are present in the room for visits, visitors will be asked to visit in the Chapel or outside during nice weather area until further notice. This is to protect the safety of all residents in the facility and further reduce COVID-19 spread in the facility.

CMS made changes to COVID-19 testing guidance on 3/10/2022. Berks Heim will be following the newly released guidance. If a future outbreak is identified the facility will perform outbreak investigation testing. Berks Heim will also conduct routine testing of staff that are not up to date with all recommended COVID-19 vaccines based on the facility's county level of Community Transmission released by CMS in the past week. Routine testing of asymptomatic residents is not recommended unless prompted by a change in circumstances, such as the identification of a confirmed COVID-19 case in the facility. Any resident that presents with COVID-19 symptoms will be tested.

As of 03/10/2022 CMS updated the Nursing Home Visitation Guidance for COVID-19. Berks Heim is now able to offer unscheduled visitation and no longer requires advance scheduling of visits. We will continue to take precautions for visiting at Berks Heim which includes following the core principles of infection prevention for COVID-19.

The core principles of infection prevention include: Getting Vaccinated against COVID-19 with all recommended doses, Hand Hygiene, Wearing a Face Covering, and Social Distancing with at least six feet between people.

Our recommended visiting hours are 8:00am to 8:00pm. Visitors of Berks Heim will continue to be screened prior to visits and the use of a face mask is still required.

Visitors must also sign in and out at each nursing unit when entering to visit their loved one. We ask that you please limit visitor movement in the facility and go directly to your visiting area in the facility.

If you are sick or think you might have COVID-19 or have tested positive for COVID-19, please do not visit until you have met the criteria for ending quarantine in order to protect the health and safety of the residents at Berks Heim.